



2023 Eugene and Betty Casey

# Cardiovascular Conference

Friday, February 17, 2023 • 8 A.M. – 3:30 P.M.

Virtual platform supported by Zoom

This event is an excellent opportunity for physicians, nurses and technicians to receive concentrated, comprehensive information on the latest trends and techniques in the care of heart patients presented by a multidisciplinary team of cardiovascular professionals.

**Fully funded by the  
Winchester Medical Center  
Foundation**

## **Honoring Eugene and Betty Casey**

As a longtime supporter of the Winchester Medical Center Foundation, Mrs. Betty Casey wished to make a gift in memory of her late husband, Mr. Eugene Casey. He had been a patient with cardiovascular needs at WMC. Her initial gift has helped to fund equipment, educational needs of our health care professionals and staff, and other heart related programs. In 2012, Mrs. Casey once again gave a substantial gift, this time designated for our long-standing annual cardiovascular conference, planned by dedicated staff each year.

## **AGENDA**

- 7:45-8 A.M. .... Welcome/Instructions/Introductions**
- 8-8:50 A.M. .... New Pacing Technologies**  
Todd Teigeler, MD, Winchester Cardiology and Vascular Medicine | Valley Health
- 8:50-9 A.M. .... Q&A with Dr. Teigeler**
- 9-9:50 A.M. .... New LAA Occluder Technology and the Debate for Oral vs. Device**  
Daniel Alexander, DO, Winchester Cardiology and Vascular Medicine | Valley Health  
Jeffrey Skiles, MD, Winchester Cardiology and Vascular Medicine | Valley Health
- 9:50-10 A.M. .... Q&A with Dr. Alexander and Dr. Skiles**
- 10-10:30 A.M. .... Break**
- 10:30-10:50 A.M. .... Lipid Clinic**  
Jimmy Dingess, FNP-C, Winchester Cardiology and Vascular Medicine | Valley Health
- 10:50-11 A.M. .... Q&A with Mr. Dingess**
- 11-11:50 A.M. .... Palliative Care in Advanced Cardiac Disease**  
James VanKirk, MD, Valley Health Palliative Care
- 11:50 A.M.-12 P.M. .... Q&A with Dr. VanKirk**
- 12:00-1 P.M. .... Lunch Break and Supporter Rooms Open to Visit**
- 1-1:25 P.M. .... Heart Healthy Diet**  
Philip O'Donnell, MD, Cardiovascular Group at Selma
- 1:25-1:30 P.M. .... Q&A with Dr. O'Donnell**
- 1:30-2:20 P.M. .... Cardiogenic Shock**  
Raveen Chawla, MD, Winchester Cardiology and Vascular Medicine | Valley Health
- 2:20-2:30 P.M. .... Q&A with Dr. Chawla**
- 2:30-3:20 P.M. .... New Medical and Device Therapies in Heart Failure Management**  
Adebayo Atanda, MD, Winchester Cardiology and Vascular Medicine | Valley Health
- 3:20-3:30 P.M. .... Q&A with Dr. Atanda**
- 3:30 P.M. .... Wrap Up and Evaluation**

## PRESENTERS

### Daniel Alexander, DO

Dr. Alexander is a cardiologist with Winchester Cardiology and Vascular Medicine | Valley Health and Medical Director of the EP Clinical Council at Winchester Medical Center. He completed his medical education at AT Still University of Health Sciences at Kirksville College of Osteopathic Medicine. He completed his residency at William Beaumont Hospital and a fellowship in cardiology and cardiac electrophysiology at Virginia Commonwealth University. Dr. Alexander is board certified in cardiovascular disease and cardiac electrophysiology. His clinical interests include arrhythmias, catheter and radiofrequency ablations and pacemaker/ICD implantation.

### Adebayo Atanda, MD

Dr. Atanda is a cardiologist with Winchester Cardiology and Vascular Medicine | Valley Health. A graduate of the University of Ilorin Medical School, he completed his residency at Howard University and his fellowship at George Washington University Hospital, Columbia University Irving Medical Center - New York Presbyterian Hospital. Dr. Atanda is board certified in internal medicine, cardiovascular disease, echocardiography and nuclear cardiology. His clinical interests include advanced heart failure, cardiomyopathy, cardiogenic shock, ventricular assist devices, heart transplant, cardio-obstetrics and cardio-oncology.

### Raveen Chawla, MD

Dr. Chawla is an interventional cardiologist with Winchester Cardiology and Vascular Medicine | Valley Health. A graduate of the University of Virginia, School of Medicine, he completed his residency at Virginia Commonwealth University and his fellowship at Christiana Care Health System (cardiology), University of Connecticut (heart failure) and Baylor Scott & White (interventional cardiology). Dr. Chawla is board certified in internal medicine, cardiovascular disease, echocardiography and nuclear medicine. His clinical interests include coronary artery disease, percutaneous coronary intervention, heart failure and cardiogenic shock.

### James Dingess, FNP-C

Jimmy is a board-certified nurse practitioner with Winchester Cardiology and Vascular Medicine | Valley Health. He earned his Masters of Science in Nursing, Family Nurse Practitioner, from George Mason University and received a Bachelor of Science in Nursing from University of Virginia's College at Wise. His special interests include clinical research, peripheral vascular disease and treatment-resistant hypertension.

### Philip O'Donnell, MD

Dr. O'Donnell is a cardiologist with the Cardiovascular Group at Selma and Medical Director of Cardiopulmonary Rehabilitation at Winchester Medical Center. He earned his medical degree from the Medical College of Virginia and completed his residency at Walter Reed Army Medical Center and the Medical College of Virginia. He is board certified in nuclear cardiology and internal medicine. His clinical interests include echocardiography and transesophageal echocardiography, nuclear cardiology, preventive cardiology and clinical lipidology.

### Jeffrey Skiles, MD

Dr. Skiles is a cardiologist with Winchester Cardiology and Vascular Medicine | Valley Health and Medical Director of the Heart & Vascular Oversight Committee and Co-Director of the Valvular Heart Disease Clinical Council at Winchester Medical Center. Dr. Skiles received his medical degree from West Virginia University, completed a residency at the University of Virginia, and a fellowship at the Cleveland Clinic Foundation. Dr. Skiles is board certified in cardiovascular disease and nuclear cardiology, and his special interests include heart failure, echocardiography and valvular heart disease.

### Todd Teigeler, MD

Dr. Teigeler is a general cardiologist and electrophysiologist with Winchester Cardiology and Vascular Medicine | Valley Health. A graduate of the Medical College of Virginia, he completed his residency at Brown University and his fellowship at Virginia Commonwealth University. Dr. Teigeler is board certified in internal medicine, cardiovascular disease and echocardiography. His special interests are radiofrequency ablation and cryoablation of cardiac arrhythmias, implantable cardiac device implantation and management, conduction system pacing and left atrial appendage occlusion implantation.

### James VanKirk, MD

Dr. VanKirk, of Valley Health Palliative Care, is Medical Director of Valley Health's Supportive Care Department. He is a graduate of the University of Pittsburgh School of Medicine and completed his residency at the Medical Center Hospital of Vermont. Dr. VanKirk has extensive experience with palliative care, hospice, goals of care discussions, physician orders for scope of treatment (POST) and medical ethics. He is committed to provider and community education regarding these topics. Dr. VanKirk is board-certified in internal medicine and hospice & palliative medicine.

## REGISTRATION

Go to [valleyhealthlink.com/cvconference](https://valleyhealthlink.com/cvconference) to register. You will receive a confirmation email once your registration is complete providing all the details to gain access on February 17.

Registration closes on Thursday, February 16, at 12 noon

### Professional Credits Awarded by Valley Health

**Physicians, Nurse Practitioners and Physician Assistants:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants with questions about professional credits should contact Stephanie Nelson, Winchester Medical Center Continuing Medical Education Coordinator, at 540-536-8871.

**Nurses:** Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 6.0 contact hours.